

## Mckenziemountaineering

as of 17/04/2013

recommended Kitlist for walking the West Highland Way

<b>Equipment List</b>	<b>Ausrüstungsliste</b>
2-3-season boot (waterproof)	2-3 Saison Wanderschuh (wasserdicht)
Waterproof jacket (preferably with hood)	Wasserdichte Jacke am besten mit Kapuze
Waterproof trousers	Wasserdichte Hose
Walking trousers (jeans not recommended)	Wanderhose (Jeans nicht empfohlen)
Walking socks	Wandersocken
2x hat	2x Mütze
2x gloves	2x Handschuhe
Baselayer (synthetic or wool)	Basisschicht (Syntetik oder Wolle)
Mid layer (fleece or soft shell)	Mittlere Schicht (Fleece, Softshell)
Waterproof liner/cover for daypack	Rucksack Cover/Innenschutz (wasserdicht)
Personal 1st aid/medication/Blisterplaster	Persönliches Erste-Hilfe-Ausrüstung (Medikamente, Blasenpflaster)
Sun cream/sun hat/sunglasses	Sonnencreme/-hut/-brille
Walking poles (optional but recommended)	Wanderstöcke (wenn ihr welche benutzt)
Water bottle/reservoir	Wasserflasche/Reservoir
Thermal mug/bottle	Thermobecher/flasche

The above equipment is highly recommended for walking in Scotland from March till October for your safety and enjoyment of your trip. If you have any further questions regarding this Kitlist please don't hesitate to contact us, we're always here to help (see above contact details).

We aim to be flexible to your needs. It is possible to hire some equipment through ourselves at very competitive rates.