



Kitlist - Ausrüstungsliste

Equipment List	Ausrüstungsliste
2-3-season boot	2-3 Saison Wanderschuh
Light/Thin Waterproof jacket	Leichte Wasserdichte Jacke am besten mit Kapuze
Light Waterproof trousers	Leichte Wasserdichte Hose
Walking trousers (jeans not recommended)	Wanderhose (Jeans nicht empfohlen)
Walking socks	Wandersocken
1x light hat	1x dünne Mütze
1x light pair of gloves	1x Paar dünne Handschuhe
Baselayer (synthetic or wool)	Basisschicht (Syntetik oder Wolle)
Mid layer (fleece or soft shell)	Mittlere Schicht (Fleece, Softshell)
Waterproof liner/cover for daypack	Rucksack Cover/Innenschutz (wasserdicht)
Personal 1st aid/medication/Blister plaster	Persönliches Erste-Hilfe-Ausrüstung (Medikamte, Blasenpflaster)
Sun cream/sun hat/sunglasses (very important)	Sonnencreme/-hut/-brille
Walking poles (optional but recommended)	Wanderstöcke (wenn ihr welche benutzt)
Water bottle/reservoir	Wasserflasche/Reservoir

The above equipment is highly recommended for walking in the Canaries from October until April for your safety and enjoyment of your trip. If you have any further questions regarding this Kit list please don't hesitate to contact us, we're always here to help.

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